



## Sex and Relationships Education

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### The Philosophy of the School

The school's philosophy aims to provide a stimulating and caring environment in which each child may experience high standards of education and preparation for the future, working in partnership with parents and the local community. The Policy for Sex and Relationship Education is written in accordance with this philosophy.

### The Social, Ethnic and Religious Mix of the School

Trail International School aims to fulfill the educational needs of as wide a group of children as are represented in the school community. The children come from a varied cross section of the local community and represent different social, ethnic and religious values, beliefs and customs.

### General Statement

At Trail International School our mission is to contribute to the development of men and women who can play a full and responsible part in society.

### Aims and Objectives of the Policy

- To reassure children of their value and self-worth including aspects of dignity, self respect and self-restraint
- To nurture a responsible attitude towards personal relationships including aspects of mutual respect and care and to develop sensitivity towards the needs of others encompassing fidelity and loyalty
- To provide knowledge of loving relationships
- To provide knowledge of human reproductive processes
- To inform children on matters of personal hygiene and related health issues
- To ensure that pupils have a clear understanding of reproduction, sexual health and family planning.
- To encourage exploration of values and moral issues taking into account physical and moral risks associated with certain behavior



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- To create a positive and secure environment for open discussion and constructive critical thinking
- To educate against discrimination and prejudice
- To empower children to make informed choices about sex
- To avoid misunderstanding and correct mis-information
- To develop pupils' decision-making skills
- To develop a sense of understanding of the beliefs, values and cultures of others

This will support the following school policies:

### Equal Opportunities Policy

- School Discipline Policy
- The Health and Safety Policy

### Moral and Values Framework

The Sex and Relationship Education Policy will be sensitive towards the established morals and values framework of all the major world religions and philosophies.

### Content Headings for School Sex and Relationship Education Programme

- Teaching staff will take particular care to ensure that the teaching materials used will be of a very high quality and that they, and the aspects of the topics covered, will be appropriate to the needs and ages of the pupils at Trail International, within the context of moral considerations and the value of family life.

The content outline is as follows:

Agreed 31/01/2023

Review date 31/01/2024



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Family life	Information about many family patterns to include single parents, extended families, and other family models different religious and cultural backgrounds
The human body	Biological information including that about sexual organs and sexual responses
Reproduction	Conception, pregnancy, birth, childcare and parenthood
Human development	Childhood and ageing, puberty and adulthood, menstruation and menopause (to include hygiene)
Risks	Unwanted pregnancies, sexually transmitted diseases (HIV and AIDS), information on how to resist unwanted sexual advances